



1 INTRODUCTION

This policy outlines the learning and teaching of Relationships and Sex Education (RSE) as delivered at Lancaster School. The implementation of this policy is the responsibility of all classroom staff. The policy is available for inspection and to parents/carers on request and is informed by the Secretary of State's Sex and Relationship Education Guidance (Dfee, 2000).

2 RATIONALE

The whole curriculum at Lancaster School is underpinned by the learning of life skills, which are transferable and pertinent to the students' personal development.

Students are taught skills for life through a core set of ten Transferable Life Skills.

The curriculum subjects and ASDAN courses are used to reinforce these life skills throughout every area of a student's life. This provides opportunities for inspirational learning and teaching and offers new approaches to raising standards.

3 ENTITLEMENT

All students are entitled to a broad, balanced and relevant curriculum that meets their individual learning needs and promotes their spiritual, moral, cultural, mental and physical development. The teaching of RSE should enhance learning by offering opportunities to improve their knowledge and understanding of different types of relationships, their own emotions and the changes that you experience as humans grow up.

Relationships and sex education at Lancaster School:

- Is a partnership between home and school
- Ensures children and young people's views are actively sought to influence lesson planning and teaching
- Is relevant and personalised to students at each stage of their development and maturity
- Is taught by people who are trained and confident in talking about issues such as healthy and unhealthy relationships, equality, pleasure, respect, abuse, sexuality, gender identity, sex and consent
- Includes the acquisition of knowledge, the development of life skills and respectful attitudes and values
- Has sufficient time to cover a wide range of topics, with a strong emphasis on relationships, consent, rights, responsibilities to others, negotiation and communication skills and accessing services
- Helps students understand on and offline safety, consent, violence and exploitation
- Is both medically and factually correct and treats sex as a normal and pleasurable fact of life
- Is inclusive of difference: gender identity, sexual orientation, disability, ethnicity, culture, age, faith or belief, or other life experience

- Uses active learning methods and is rigorously planned, assessed and evaluated
- Helps students understand a range of views and beliefs about relationships and sex in society including some of the mixed messages about gender, sex and sexuality from different sources including the media
- Teaches students about the law and their rights to confidentiality even if they are under 16 and is linked to school-based and community health services and organisations
- Promotes equality in relationships, recognises and challenges gender inequality and reflects girls' and boys' different experiences and needs.

4 LEARNING AND TEACHING

RSE at Lancaster School includes areas such as understanding the concept of male and female, recognising physical and emotional changes that take place during puberty, learning about reproduction and contraception and recognising and managing one's own emotions and safety in all settings. Students will also receive education about sexually transmitted infections when this is appropriate to their learning pathway and e-safety.

Students in both Key Stages 4 and 5 have weekly lessons specifically designated as RSE; in addition, many RSE themes may also be covered at other times of the school week, for example, tutorial time.

Students in KS5 (FE) have their work in RSE accredited in the ASDAN module, 'Relationships'.

Medium Term Plans are written according to the long term curriculum map.

RSE is taught with a focus to prepare students at the school for the opportunities, responsibilities and experiences of real life and life in modern Britain.

Relationships and sex education at Lancaster School contributes to:

- A positive ethos and environment for learning
- Safeguarding students (Children Act 2004), promoting their emotional wellbeing and improving their ability to achieve in school
- A better understanding of diversity and inclusion, a reduction in gender-based and homophobic prejudice, bullying and violence and an understanding of the difference between consenting and exploitative relationships
- Helping students keep themselves safe from harm, both on and offline, enjoy their relationships and build confidence in accessing services if they need help and advice
- Reducing early sexual activity, teenage conceptions, sexually transmitted infections, sexual exploitation and abuse, domestic violence and bullying

5 ASSESSMENT AND RECORD KEEPING

Assessment and recording of RSE is via teacher assessment, Transition Challenge and Award of Personal Effectiveness (AoPE) in Key Stage 4 and Towards Independence and Personal and Social Development (PSD) in Key Stage 5 together with the Transferable Life Skills that are at the heart of the curriculum.

The RSE coordinator is responsible for monitoring curriculum coverage.

The RSE coordinator must liaise with all teachers including the Headteacher and Deputy Head regarding curricular developments, documents, INSET, policies and the ordering and organisation of resources.

6 MANAGEMENT AND RESOURCES

The management of this curriculum policy is the responsibility of the RSE coordinator and must be reviewed with the designated Governor.

If you have any complaints about this policy, please contact the Headteacher in writing.

7 MONITORING AND REVIEWING THE RELATIONSHIPS AND SEX EDUCATION CURRICULUM POLICY

This curriculum policy is the responsibility of the Head of Learning (non core) and will be reviewed biannually with the designated governor.

This policy is also reviewed by students in the School Council.

Review details for the Curriculum Policy relating Relationships and Sex Education

Last Review date	Autumn 2018
Next Review date	Autumn 2020

Signed by Chair of Governors

Ratified at Governors' meeting on.....