

ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Chicken Fajita														
Roasted Vegetable Fajita		MC Kamut MC Spelt ✓ Wheat												
Arroz Verde - Green Rice														
Sweetcorn														
Baked Beans														
Jacket Potato														
Grated Cheese							✓							
Cherry Cookie		MC Barley MC Kamut ✓ Oats MC Rye MC Spelt ✓ Wheat												✓

Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen