

ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Cheese Grab Bag Brown Bread		MC Barley MC Kamut MC Oats MC Rye MC Spelt ✓ Wheat					✓						✓	
Cheese Grab Bag White Bread		MC Barley MC Kamut MC Oats MC Rye MC Spelt ✓ Wheat					✓						✓	
Egg Mayonnaise Grab Bag White Bread		MC Barley MC Kamut MC Oats MC Rye MC Spelt ✓ Wheat		✓			MC						✓	

Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen

ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Egg Mayonnaise Grab Bag Brown Bread		MC Barley MC Kamut MC Oats MC Rye MC Spelt ✓ Wheat		✓			MC						✓	
Ham Grab Bag Brown Bread		MC Barley MC Kamut MC Oats MC Rye MC Spelt ✓ Wheat					MC						✓	
Ham Grab Bag White Bread		MC Barley MC Kamut MC Oats MC Rye MC Spelt ✓ Wheat					MC						✓	

Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen